

Frequently Asked Questions for Minot's Air Supported Dome:

- When will it open?
 - Projected completion is 31 Oct 2024, however like all major construction projects there are multiple factors that could delay that. Keep an eye on 5thForceSupport.com to see the announcement about our grand opening flag football exhibition and ribbon cutting!
- More delays?
 - The FSS, CES and CONS team are working diligently to ensure all moving pieces are aligned to open as quickly as possible once it is completed. It is possible the facility will only be open during Fitness Center hours (M-F 0500-2100 and S/S 0800-1600) until the door system and cameras are installed.
- That blue turf is NICE! I would love to go run on it now since it's so nice out!
 - The area is still an active construction zone and until the project is fully completed no customers are allowed in the area due to safety reasons.
- Who will be able to use it?
 - The Dome is an extension of the McAdoo Fitness Center so it will be open to all patrons eligible to use the Fitness Center.
 - This facility will be unmanned, and age restrictions will be IAW DAFI34-114 Table 3.1 (same as main facility). No pets are allowed!
- What will it be used for?
 - Members taking a Physical Fitness Assessments will have priority. It will also host intermural sports (flag football, soccer, etc.), group fitness classes, and unit physical training. There will be no strength training equipment in the space.
 - Strollers/jogging strollers will be permitted, but bicycles, scooters, rollerblades, skateboards, etc will not be allowed.
- I've been looking for a spot to host a squadron picnic if it rains! Can my squadron use the Dome?
 - Only drinks with a lid are allowed! No food is permitted in the facility.
- How do I get in?
 - It will have a keycard entry system where you'll scan in to unlock the door. We're working to ensure our current customers with 24/7 access at McAdoo Fitness Center will have the facility added to their account. However, it isn't confirmed at this time if it'll automatically transfer or not.
- Where should I park?
 - The door will face McAdoo Fitness Center so customers will just park in the main lot. Locker rooms and restrooms are in the main fitness center only.

3.1.3.4. Age Policy During Unstaffed Hours: Unsupervised youth under the age of 18 (excluding all Active Duty) are prohibited from using unstaffed facilities. **The participation of supervised youth is limited based on the appropriateness of available equipment to their size, weight, and experience level. (T-0)**

3.1.6. Minimum Age Limit: Age limitations must be displayed in each facility to ensure a safe environment for all customers. **(T-3)** The DAF age guidelines in **Table 3.1** of this DAFI are consistent with guidelines established by medical organizations such as the American Academy of Pediatrics, American College of Sports Medicine, and the National Strength and Conditioning Association. Youth typically need more gradual, carefully organized, and structured training programs than adults. Youth along with their parent(s) should attend an equipment orientation class prior to beginning their initial workout. **(T-3)** Caution is required while supervising youth in these areas. Structured family programs encourage parent and child interaction and develop healthy lifestyle habits. All deviations from the standard must be documented in a written installation commander-approved supplement to this instruction. **(T-2)**

Table 3.1. Age Policy During Staffed Hours of Operation

Youth 16 years of age and over	During staffed hours of operation, permitted in all areas of the Fitness and Sports Center without a qualified adult.*
Youth 13 - 15 years of age	Permitted in other activity areas (i.e., basketball court, racquetball court, running track) only when a qualified adult is present in the facility at all times.
Youth 6 - 12 years of age	Not permitted in cardiovascular, sauna, weight equipment rooms, or group exercise rooms during scheduled adult exercise classes. During staffed hours of operation, permitted in other activity areas (i.e., basketball court, racquetball courts, running track, locker room, parent and youth area) only under qualified adult interactive supervision. Interactive supervision requires qualified adult and child to participate in or perform activity together at all times.
Children under 6 years of age	Not permitted in Fitness and Sports Centers except as follows: Permitted in Fitness and Sports Center parent (legal guardian) and child areas for supervised play**. Interactive supervision requires qualified adult and child to participate in/perform activity together at all times.

Notes:

*For purposes of **Table 3.1**, a "qualified adult" is a parent, legal guardian, qualified family member program (FMP) staff member, qualified child and youth program personnel, Fitness and Sports Center personnel conducting a program, or coach. AFI 34-144, *Child and Youth Programs*, provides further guidance.

** For purposes of **Table 3.1**, "supervised play" is a parent or legal guardian supervising the child within their direct line of sight while in the Parent Child Area during staffed hours only.