End of Course Assessment

1. As a family child care provider, how do you define positive guidance?

2. What are three positive guidance strategies you use in your work as an family child care provider?

3. Developmentally appropriate behavior can sometimes seem challenging to caregivers. Name two behaviors that are developmentally appropriate (or expected) for each age group, but can sometimes be challenging to adults. Toddlers: Preschool: School-Age (younger and older):

4. List the characteristics of an effective daily schedule for a multi-age program, and also describe the type of schedule your program uses.

5. How do you ensure your routines and schedules are responsive and consistent for the younger children in your care?

6. Name three ways you use the environment to support children's positive guidance.

7. When two-year-old Kya becomes frustrated, she lashes out at the children around her and hits them. Describe how the environment can provide extra support for Kya and may prevent challenging behavior.

8. Name three things you do when communicating with families about challenging behavior.

9. A frustrated mother shares with you that her four-year-old son, Bennie, has been going through a difficult time at home. Bennie seems to be constantly provoking his six-year-old brother, and refuses to eat almost every meal. She says that "she just doesn't understand what Bennie's problem is." How do you respond?

10. Read the following scenario and then describe how you would use a positive guidance approach to help this child learn new, positive ways of interacting with others: Max is 30 months old and loves to play at the sand table. You watch as he takes a container, fills it with sand, and pours it on the floor. His friend, Ethan, says "Stop!" and Max screams "NO!" at Ethan.

11. Read the following negative directions and restate them so that they are positive directions. Stop running inside: Don't hit Jackson: Quit yelling: Stop crying:

12. Which of the following is not a technique that supports positive behavior?
    (a) Offering a variety of activities
    (b) Celebrating diversity
    (c) Planning activities that focus on one ability level
    (d) Providing opportunities for cooperative play