**Minot AFB has three primary types of MFLC service, Adult MFLCs, Child and Youth Behavioral (CYB) MFLCs, and School MFLCs**

The Adult MFLCs provide support to individuals, couples, families and groups for a range of issues including but not limited to, deployment stress, reintegration, relocation, adjustment, separation, anger management, conflict resolution, parenting, parent-child communication, relationship and family issues, coping skills, homesickness, and grief and loss.  Currently the Adult MFLC services are only offered via virtual means (telephone/zoom) while the contractor continues to recruit for an in-person MFLC.  The **adult MFLC** can be reached by calling **701-500-4826**.  She has a heavy client load, so please leave a message and she will return your call as soon as possible.  (The CYB MFLC can see adult clients who prefer a face-to-face appointment as her schedule allows.  See below for contact information).

The CYB MFLCs support and augment child and youth programs and camps designed for military children and youth (with written parental consent).  CYB MFLCs provide non-medical support to eligible faculty, staff, parents and children on topics including but not limited to:  identifying feelings, bullying, conflict resolution, self-esteem, managing anger and aggression, separation from parents, problem-solving, coping with deployments and reunification, transition and moving, sibling and parental relationships, time management and divorce.  The **CYB MFLC** can be reached by calling **701-425-7905**.

The School MFLC is embedded in the three schools on the base during the academic school year and provides the same type of support as the CYB MFLC’s for school-age youth/families.  During the summer months, school age youth/families should contact the CYB MFLC for services.  The **School MFLC** can be reached at:  **701-935-1263**.