

National & Local Resources

EFMP & Me – Military Family Support
efmpandme.militaryonsource.mil

Military Child Education Coalition
militarychild.org

Specialized Training of Military Parents
stompproject.org

Tutor.com for U.S. Military Families
tutor.com/military

Health Net Federal Services
tricare-west.com

Extended Care Health Option
tricare-west.com/content/hnfs/home/tw/bene/
wellness/care/echo.html

Autism Speaks
autismspeaks.org

National Center for Learning Disabilities
nclld.org

North Dakota Human Services
nd.gov/dhs/services/medicalserv/medicaid

North Dakota Center for Persons with Disabilities
ndcpd.org

Family Voices Of North Dakota
fvnd@drtel.net

Minot Infant Development Program
ndcpd.org/midp

EFMP Staff

EFMP FAMILY SUPPORT STAFF

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EFMP Office

ADDRESS

291 Peacekeeper Place Minot AFB, ND

HOURS OF OPERATION

Monday - Friday • 7:30AM - 4:30PM

Saturday, Sunday, Family & Federal Holidays
Closed

Second Thursday of Each Month
Closed at noon for staff training



EFMP



EFMP Family Support

**Exceptional Family
Member Program
Family Support**

*Helping families find and access
resources and services.*

What is Exceptional Family Member Program (EFMP)?

EFMP is a Department of Defense program offered by all branches of the military. It is a mandatory enrollment program for all active duty Airmen who have a special needs family member.

The program is comprised of three components:

- EFMP - Medical (EFMP-M)
- EFMP - Assignments (EFMP-A)
- EFMP - Family Support (EFMP-FS)

These components work toward the common goal of providing comprehensive and coordinated support to families.

Who is an Exceptional Family Member (EFM)?

An Exceptional Family Member (EFM) is a family Member enrolled in the Defense Enrollment Eligibility Reporting System (DEERS) who has a diagnosis that requires ongoing specialized medical and/or educational services

Examples might include, but are not limited to, a family member (adult/child) with Diabetes, Cancer, Asthma, Depression, ADHD, Developmental Delay, etc.

What is AF EFMP Respite Care?

AF EFMP Respite Care provides a temporary rest period and down time for parents who have children with special needs.

Participants can use up to 40 hours per month for those who meet the following eligibilities:

- EFM child(ren), age's birth through 18 years, diagnosed with moderate or severe special needs
- Siblings, ages birth through 12 years
- EFM child(ren) must reside with the Airman who must be active duty, Guard, or Reserve if activated for at least 31 days.

If you are interested in the AF EFMP Respite Child care program as a provider or a recipient, contact the Family Child Care (FCC) Coordinator at (701) 723-6662.

How can EFMP Family Support (EFMP-FS) help?

PCS IN & OUT RELOCATIONS ASSISTANCE

Assistance is available for families relocating along with related community agency referrals, housing, employment, financial management, moving with children skills, and other PCS related topics

ONE-ON ONE CONSULTATIONS

Consultations are available to any Airman, DoD civilian, or Military Family Member seeking information and resources to support their family member with special needs.

CLASSES AND WORKSHOPS

Various educational opportunities unique to EFMP families include:

- DirectSTEP
- Specialized Training of Military Parents (STOMP)
- PLAY project
- Extended Care Health Option (ECHO)
- and many more!

RECREATIONAL ACTIVITIES

Assistance is provided to ensure Exceptional Family Members (EFM) have access to installation recreation activities and various EFMP exclusive events supported by AFPC.

How do you enroll in EFMP?

You must complete a DD 2792 and/or 2792-1, and upload any applicable attachments via the DAF Family Vector website.

An administrative review is performed to determine medical and/or educational eligibility.

If your family member qualifies to be enrolled or needs to continue to be enrolled in the Exceptional Family Member Program (EFMP), the MPS staff adds a Q-code to the Airman's record in MilPDS as a designation for enrollment in EFMP.

Go to daffamily.us.af.mil or scan the QR Code below to visit to the DAF Family Vector website.

