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DEPARTMENT OF THE AIR FORCE

5TH MEDICAL GROUP  
194 Missile Ave.  
Minot AFB, ND 58703

16 June 2016

MEMORANDUM FOR 5 FSS/FSF

FROM: 5 MDOS/SGOP

SUBJECT: Outdoor Play Policy in Airman and Family Services (A&FS) Flight Activities (Child Development Center (CDC), Family Child Care (FCC), and School-Age Program (SAP))

1. For all children attending Minot AFB Youth Programs, to include the CDC, SAP, and FCC, the following guidance regarding outdoor play:
  - a. During mild and normal weather conditions, children 12 months of age and older shall be taken outdoors twice daily for 15 to 60 minutes. Children under 12 months of age should have the opportunity for outdoor play once each day.
  - b. During winter weather conditions, children 12 months of age and older shall be taken outdoor when the temperature plus wind chill is higher than fifteen degrees Fahrenheit. Children under 12 months of age shall be taken outdoor when the temperature and wind chill is greater than thirty-five degrees Fahrenheit. Outdoor play for both groups should not exceed thirty minutes.
  - c. During summer weather conditions, children 12 months of age and older may be taken outdoor for up to 90 minutes, provided water is offered at regular intervals, appropriate clothing is worn to screen the sun, and sunscreen is applied. All children should remain inside when the temperature and/or heat index is in excess of 100 degrees Fahrenheit.
  - d. At all times, appropriate outer clothing should be provided by the parents and all children need to be properly dressed for the weather conditions.
2. For children attending the Child Development Center's Part Day Enrichment program and/or drop in care, the procedure listed above will apply for the time they are in attendance.
3. For the Youth Center Outdoor Athletics during all mild, normal and summer weather conditions outdoor sports may take place provide participants are given water at regular intervals. Appropriate clothing should be worn to screen the sun and sunscreen should be used. When the temperature and/or heat index is in excess of 100 degrees Fahrenheit all sporting events should be canceled/postponed and rescheduled as needed.
4. Questions regarding this policy should be directed to the appropriate A&FS activity, Child Development Center at 723-3750, Family Care Program at 723-6662, or the School-Age Program at 723-2154.

A handwritten signature in black ink, appearing to read "Harold J Lochner III".

Harold J Lochner III, MD, Pediatrician  
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