

APPENDIX P - VOLUNTEER TRACKING LOG



Volunteer Name: _____

Unit: _____

Project/Task/Event/Activity	Date(s)	Hours

APPENDIX Q - RESOURCES

Accompanied Tour:

A tour of duty/assignment with family members

Air Force Aid Society (AFAS)

The official charity of the Air Force provides educational and financial assistance, including emergency loans and grants to Air Force members. The Airman & Family Readiness Center at your installation has AFAS (www.afas.org) representatives to assist you.

Air Force Assistance Fund (AFAF)

Annual campaign to raise money for four official Air Force charitable organizations.

Air Force Families Forever (AFFF)

Air Force Families Forever is a long-term aftercare program established to provide proactive outreach to family members who have lost a loved one that was serving on Active duty or “in an active status” in the United States AF at the time of death.

Air Force Medical Service—Resources on Suicide Prevention

The Air Force Medical Service (<https://www.airforcemedicine.af.mil/SuicidePrevention/>) provides information on risk factors, warning signs, protective factors, helping and crisis resources, leader resources, family resources, training, and government partners in helping to effectively raise awareness about suicide prevention.

Air Force Personal Accountability and Assessment System (AFPAAS)

AFPAAS (afpaas.af.mil) manages and monitors the recovery process for personnel and their families affected and/or scattered by a wide-spread catastrophic event.

Air Force Wingman Online-Suicide Prevention

Wingman Online (www.wingmanonline.org/home) offers videos, helping resources, discussion starters, and leadership tools to recognize individuals in need of help.

American Academy of Child and Adolescent Psychiatry

The mission of AACAP (www.aacap.org) is the promotion of the healthy development of children, adolescents, and families through advocacy, education, and research.

American Foundation for Suicide Prevention

Established in 1987, the American Foundation for Suicide Prevention, or AFSP (www.afsp.org) is a voluntary health organization that gives those that suicide affects a nationwide community empowered by research, education, and advocacy to act against this leading cause of death.

American Red Cross (ARC)

The ARC (www.redcross.org) provides services to military members and their families including emergency communications, financial assistance, and disaster preparedness.