

## PROGRAM OVERVIEW

- Key Spouses are appointed by the unit commander to perform a vital communication role between the unit and its families.
- Key Spouses assist families in finding and utilizing the available base and community resources.
- Key Spouses provide support to the families of military members during their time of need.
- Key Spouses follow Privacy Act, confidentiality, and mandatory reporting guidelines.



## AIRMAN AND FAMILY READINESS CENTER



Phone: 723-3950 Comm  
453-3950 DSN



291 Peacekeeper Place  
Minot AFB, ND 58705



## KEY SPOUSE PROGRAM

Spouses connecting  
spouses





# KEY SPOUSE

## Does:

- Connect
- Listen
- Inform
- Support
- Advocate

## Does Not:

- Counsel
- Act superior
- Gossip
- Babysit
- Plan parties



## KEY SPOUSES ARE IMPORTANT TO YOU BECAUSE THEY:

- Welcome you into your unit
- Improve the morale of the entire unit by truly caring
- Are a vital link in exchanging information between unit leadership and families
- Are a peer-to-peer support system on handling military life experiences
- Are visible by attending unit, base, and community events
- Direct you to community information, volunteer opportunities, and referral services
- Help your family prepare for separations due to deployments and long-term TDYs

## KEY SPOUSES CAN HELP YOU BECAUSE THEY:

- “Know what it is like!”
- Share extensive knowledge of unit/community events
- Point you in the right direction to get your questions answered
- Listen when you need to talk
- Provide support during deployments
- Help facilitate communication with unit leadership



**If you don't know who your Key Spouse is, please call your local Airman and Family Readiness Center or your First Sergeant!**