



## Youth Basketball & Cheerleading Registration Begins Jan. 3

The Youth Center is holding Youth Basketball and Cheerleading registration for Youth Center members 3-12 years of age from January 3 through January 31. Cost for Youth Basketball is \$30 for Smart Start ages 3 & 4 and \$40 for ages 5-12. Cost for Cheerleading is \$30 for ages 3 & 4 and also for ages 5-12. New cheerleading uniforms are required (please see Youth programs for details).

Youth Center membership and a current immunization record are required to be on file prior to registration. Both the Youth Basketball and Cheerleading seasons begin on March 13. For additional information, please contact the Youth Center at 723-2838.

**BASKETBALL**  
Smart Start: \$30 (ages 3-4)  
Ages 5-12: \$40

**CHEERLEADING**  
Smart Start: \$30 (ages 3-4)  
Ages 5-12: \$30

723-2838  
REGISTRATION JANUARY 3-31, 2018  
SEASON START MARCH 13, 2018

Must be Youth Center Member to Participate. Current Immunization Record must be on file to register!  
New Cheerleading uniforms required. Please see Youth Programs for details.

## Free Admission For Club Members To UFC Fight Night

JOIN US AT **ROCKERS**  
**DECEMBER 30**  
PRELIMS 7PM  
MAIN CARD 9PM  
MEMBERS **FREE**  
NON-MEMBERS **\$7**  
**\$6 PITCHERS**  
+ LIMITED BAR MENU  
ADULTS ONLY

727-ROCK  
UFC 219  
Khabib vs Barboza  
CYBORG vs HOLM  
DEC 30 SATURDAY ON PPV

Club members receive FREE admission to the UFC 219 pay-per-view event at Rockers Bar & Grill on Saturday, December 30. Non-members price is only \$7.

The action features the UFC Women's Featherweight championship bout between current champion Cris Cyborg and former UFC Bantamweight champion Holly Holm. Other main event action will feature a UFC Lightweight fight between undefeated and #2 ranked Khabib Nurmagomedov and #3 ranked Edson Barboza. A UFC Bantamweight battle will see #4 ranked Jimmie Rivera taking on Brazilian John Lineker while a heated UFC Women's Strawweight bout is expected when undefeated Cynthia Calvillo takes on former champion Carla Esparza. The main card also features a welterweight showdown between Neil Magny and #8 ranked Carlos Condit as well as more UFC action. Preliminaries begin at 7 p.m. with the main card starting at 9 p.m. This is an adults only event - no children. For more details, call 727-ROCK.

For 5th Force Support Job Opportunities, visit [www.nafjobs.org](http://www.nafjobs.org) or call NAF Human Resources at 723-2812

## Enjoy Ice Fishing Trip To Lake Metigoshe On January 13

**ICE FISHING TRIP**  
AT LAKE METIGOSHE  
MUST BE 10 & OLDER

JOIN OUTDOOR RECREATION  
A GUIDED ICE FISHING DAY  
CALL 723-3648 FOR PRICING  
SATURDAY JANUARY 13  
REGISTER BY JANUARY 8TH

Test your angling skills during the guided Ice Fishing Trip to Lake Metigoshe hosted by Outdoor Recreation on Saturday, January 13. Will you be lucky enough to hook onto a northern pike lunger or catch a whopper of a walleye? Lake Metigoshe has an ample amount of both species of fish as well as bluegill and crappie. Must be at least 10 years of age or older to participate.

Registration deadline is Monday, January 8. The Lake Metigoshe fishing trip is a Recharge for Resiliency event. For additional details and cost for this event, please call Outdoor Recreation at 723-3648.

## Baseball Camp Coming To Youth Center Starting Jan. 20

Youth at Minot AFB can learn the fundamentals of baseball and increase skills and stamina during the Youth Programs Baseball Camp hosted by the Youth Center. This 10-week camp will be held on Saturdays from January 20 through March 24. Sessions for children 5-8 years of age will be held from 9:30 a.m. to 11 a.m. and sessions for youth 9 years of age and older will be held from 11:30 a.m. to 1 p.m.

The camp is taught by qualified coaches and will focus on strength conditioning, batting, catching, pitching, infield and outfield drills, and more. The camp is open to both Youth Center members and non-members. Cost is \$50 for members and \$75 for non-members. Registrations for the camp are being accepted from December 18 through

723-2838  
Ages 5+

Registration: 18 Dec - 19 Jan  
Cost: \$50 Members, \$75 Non-Members

Qualified coaches will be teaching the fundamentals of baseball and work to increase skills and stamina. Clinic will focus on strength conditioning, batting, catching, pitching, infield & outfield drills, and more!

10 Week Session: Every Saturday 20 Jan - 24 Mar  
5-8 years 9:30am-11:00am  
9+ years 11:30am-1:00pm

January 19. For more information, please contact the David C. Jones Youth Center at 723-2838.

## Youth Center Offering Tot Fitness Instructional Class Beginning Tuesday, Jan. 9

Starting January 9, the Youth Center will offer a Tot Fitness Instructional Class every Tuesday from 9 a.m. to 9:30 a.m. The class is for children 5 years of age and under. A parent or adult must be present and active with the child at all times. Every week a different fitness focus will be covered by a certified fitness instructor. Don't miss this great opportunity for your child to enjoy a variety of fitness activities.

Monthly cost is \$40 for Youth Center members and \$60 for non-members. A shot record is required to register. To enroll in the Tot Fitness Instructional Class, please visit the Youth Center. For additional information, please contact the David C. Jones Youth Center at 723-2838.

THE JIMMY DOOLITTLE CENTER IS CLOSED FOR RENOVATIONS DECEMBER 20TH-JANUARY 20TH  
WE APOLOGIZE FOR ANY INCONVENIENCE

## CLUB MEMBER DRAWING ON FRIDAY, DECEMBER 29 WILL BE FOR \$750.

You must be present to win. Become a club member today to qualify. Simply visit Rockers Bar & Grill to obtain your application. The next weekly club membership drawing will be held on Friday, December 22 at Rockers Bar & Grill only (the Jimmy Doolittle Center will be closed for renovation). Drawing time varies each week between 5:30-6:30 p.m.

Enjoy steamed chai and apple juice topped with whipped cream and finished with caramel drizzle & praline topping

Hot Apple Chai

Tall: \$4.50  
Grande: \$5.00  
Venti: \$5.50

January Special

## FAMILY and YOUTH EVENTS & PROGRAMS

### Jan 8 Family Child Care Pre-Orientation

Would you like to work in your home, make a difference on Minot AFB, and in the life of a child? Then attend the FCC New Provider Pre-Orientation at the Family Child Care office on January 8 from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. For more information, call the FCC office at 723-6662.

### Jan 13 Star Wars Spectacular

Children of all ages are sure to enjoy the fifth annual Star Wars Spectacular at the Base Library on January 13 at 1 p.m. Come to the library for a Star Wars celebration featuring stories, crafts, a Jedi training course, and more! May the force be with you! For details, call the library at 723-3344.

### Jan 25 Star Wars Game Night

Teens, tweens, and adults can test their Star Wars knowledge and board game skills during Star Wars Game Night on Thursday, January 25 at the Base Library. For more information, call 723-3344.

### Now - Mar 19 Winter Challenges

The base library is offering a number of fun activities now through March 19. They are hosting a Photo Scavenger Hunt where you can pick up a list of items to photograph at the library and then submit your photos featuring a team member and each item on the list on or before March 19. The library is also holding Lego Challenges where you complete a different challenge each week at the library's Lego Table. Plus they are hosting S.T.E.A.M. Challenges with a different challenge each week. For more details, call 723-3344.

### Jan 17 Bundles For Babies

Expectant mothers are invited to attend Bundles For Babies at the Airmen and Family Readiness Center on January 17 from 9 a.m. to 10:30 a.m. The class is open to all ranks and not limited to a first pregnancy. Attendees will learn how to budget for your growing family and about many of the support programs that are available. Plus participants receive a free gift for your new baby courtesy of the Air Force Aid Society. Please register by noon on January 16. For more details, call 723-3950.

### Jan 2 Drop 2 Sizes

The Fitness Center invites everyone who would like to get into better shape in 2018 to join their FREE Drop 2 Sizes program. This 12 week program begins at 12 p.m. on January 2 and features twice per week workouts, monthly meetings, journaling, and prizes for all. Register now. For more information, call the Fitness Center at 723-2145.

### Jan 3 Tot Open Gym

The Youth Center is offering Tot Open Gym for children 5 years of age and under starting January 3 on Monday, Wednesday, and Friday from 9:30-11 a.m. Every week, a different fitness focus will be available for open gym time. A parent or adult must be present and active with children at all times. Cost is \$3/visit, per family for members and \$6 for non-members. A shot record is required for multiple attendances. For more details, call 723-2838.

## YOUNG AIRMEN EVENTS & PROGRAMS

### Dec 29 Friday Night Karaoke

Come and show off your talent during Friday Night Karaoke at Rockers Bar & Grill on December 29 from 8 p.m. to close. Sing solo, do a duet, or grab a group! Rockers has a great karaoke selection for your enjoyment. Gather up your friends and enjoy all of the fun. For additional information, contact Rockers Bar & Grill at 727-ROCK.

### Jan 22-25 Off-Base Budget Classes

Planning to move off base? Are you ready to manage the costs? The Airman & Family Readiness Center is hosting Off-Base Budget Classes on January 22, 23, 24, & 25 from 2:30-4 p.m. Airmen will obtain important information on leases, military clauses, renters insurance, complete a budget worksheet, and determine an affordable rental price range. Attendees should bring their latest end-of-month LES and have knowledge of their current bills. Pick a date and sign up today! Four classes to choose from in December. Please contact the Airman & Family Readiness Center at 723-3950 for additional information or to sign-up for a class.

### Jan 6 Indoor Triathlon

The Fitness Center is hosting a Indoor Triathlon on Saturday, January 6 at 8 a.m. How far can you run in 20 minutes, swim in 20 minutes, and bike in 20 minutes? This FREE event is limited to the first 50 participants. Registration is from December 29 to January 4. You'll receive a complimentary t-shirt for participating. Open to DoD I.D. card holders 16 years of age and older. For more information, call the Fitness Center at 723-2145.

### Jan 6 New Year New You Fitness Event

Start the new year off right by enjoying a great FREE fitness event. The Fitness Center is hosting the New Year New You fitness event on Saturday, January 6 from 9-11 a.m. in the aerobics room. This 2-hour multi class, multi instructor event is a terrific way to begin an exercise regime in 2018. For more details, call the Fitness Center at 723-2145.

### Ski and Snowboard Rental

Outdoor Recreation offers downhill and cross country ski rentals with daily, Saturday, weekend, and weekly rates. They also offer snowboard package rentals. For more information, call 723-3648.



Register  
January 2nd-19th  
Trip  
January 26th-28th

**DOG Sledding Trip TO ELY, MINNESOTA**

call 723-3648 for Pricing!

OUTDOOR RECREATION  
AF SERVICES

Come on a dog sledding adventure with Outdoor Recreation. You will be sledding through the majestic Superior National Forest in the Heart of Minnesota. You will get to drive your own dog team and have lunch on the lake. Price includes dog sledding day trip, two nights lodging & transportation.

**NEW HOURS**

**INDOOR POOL HOURS:**  
STARTING JANUARY 4, 2018  
LAP SWIM  
TUES & THURS: 1100-1300  
1600-1900  
FRIDAY: 1600-1900  
SATURDAY: 1000-1500  
OPEN REC SWIM  
FRI: 1600-1900  
SAT: 1000-1500  
723-3648

Visit our website at [www.5thforcesupport.com](http://www.5thforcesupport.com)